

# Do you struggle to take your blood pressure medication regularly?



**If so – we want to hear from you!  
Take part in our research.**

## About the research

We are a team of researchers looking to get your views on a digital support service that aims to help people to take their blood pressure medications.

You are invited to take part in a local **focus group** with us lasting around 90 minutes. You will trial out SMS messages and a smartphone app during the discussion, and give us your feedback.

## Expenses

You will receive **£20 voucher** compensation for travel and any inconvenience.

## Who is eligible?

We are looking for people:

- Currently prescribed medication to treat a long term condition (high blood pressure, type 2 diabetes, high cholesterol)
- Occasionally forget, alter or skip a dose of their medication

## Interested?

Please contact Miranda (study coordinator) directly:

**Tel: 01223 330524**

**Email: [MV404@cam.ac.uk](mailto:MV404@cam.ac.uk)**

Thank you!